

October 2004 ON THE WEB

Scroll down to see what is happening throughout the region or click on a MWR site below to link directly to that location.

Annapolis

Dahlgren

Indian Head

NRC Solomons

Patuxent River

Washington Navy Yard & NDW Anacostia Annex

Remember – Just because you don't work on that base doesn't mean you and your family can't enjoy the programs, services, and facilities that they have to offer!

Some eligibility restrictions apply. See website for details.

Don't Miss Out! Tickets are still available for the Navy Birthday Celebration Gala

The 229th Navy Birthday Celebration, hosted by Naval District Washington, will be held on Saturday, October 9, 2004 at the Hyatt Regency Crystal City, Arlington, VA. This gala event celebrates the Navy's rich history and brings us together to enjoy the camaraderie of our friends and shipmates.

This event is a formal military attire or black tie affair and is open to all active, reserve, and retired military and civilian Department of Navy personnel. Cocktails begin at 6 p.m. followed by ceremonial events starting promptly at 6:45 p.m.

Ticket prices are on a graduated scale. This price includes dinner, memento, program and entertainment. There is limited seating in the Ballroom, so early ticket purchase is recommended. It is strongly recommended that ticket orders be placed by October 4, 2004.

The Hyatt Regency Crystal City is offering birthday celebration attendees a discount room rate. Call 703-418-1234 to make a reservation.

Tickets may be purchased online at www.navybirthday.org. For security reasons this site is password protected. The password is 'go navy'; if you forget it you will be prompted to submit a request for a password, which will be emailed to you. Tickets may also be purchased by calling 703-960-6801.

For further information regarding ticket sales, media interest, or general birthday celebration information please contact the ticket sales office at 703-960-6801.

Disney's Military Sales is extremely excited to make this important announcement:

United States active <u>and retired</u> military personnel are eligible to receive 40% off select Walt Disney World Resort rooms!

This great offer is valid most nights now through December 25, 2004. To make resort reservations, please call 407-939-7424 and mention "Package Code EVU".

It is available exclusively to U.S. active and retired military personnel. Valid

only for active <u>and retired</u> members of the U.S. Air Force, Army, Marines, Navy and Coast Guard and activated members of the National Guard and Reservists. Activated members of the National Guard or Reservists must show active duty orders, and must have been active sometime since January 1, 2004. Active and retired military personnel will need to show military ID's at check in. The number of rooms available at this rate is limited. Additional charges apply if there are more than two adults per room. Active military personnel must present proper military identification at time of check-in. This offer is not valid October 17-20, November 10-13, and November 23-27, 2004.

ANNAPOLIS

Punt, Pass and Kick Competition – Win Redskin Tickets!

MWR Athletics will host an adult Punt, Pass and Kick Competition on Tuesday, October 19 at 11:15 a.m. at the North Severn Softball Field. This competition is open to all eligible ID card holders 18 years and older. The prize is two tickets to the Washington Redskins vs. Green Bay Packers game on October 31. To sign up, call 410-293-9212 or stop by the MWR Recreational Services Bldg. #89, Naval Station Annapolis.

CAPTAIN'S CUP TOURNAMENTS

Golf Tournament – 3-on3 Basketball Tournament on October 5 and 6 at 11:15 a.m.; Ping Pong on October 25 at 11:15 a.m. in Bldg. #89. For more information, interested active duty should contact their unit sports representative or call James Senn, MWR Annapolis Athletic Director, at 410-293-9211.

Yoga Classes / Personal Trainer Services

Yoga Classes are held on Mondays and Wednesdays from 5-6 p.m. in Bldg. #234 (Hangar) at Naval Station Annapolis. Instructor, Barbara Interlandi, is certified through the American Aerobic Association and International Sports Medicine Association. Participants are encouraged to bring their own mats and towels for sanitary purposes. For more information, call MWR Athletics at 410-293-9211.

Personal Training - Nancy Belisle, certified trainer with the American Council of Exercise, is available for personal training through MWR Athletics. Sign up and pay at Bldg. #89 or call 410-293-9211 for more information.

Family "Freaky Friday Fest" - Win Redskin Tickets!

On Friday, October 29, youth and their parents are invited to the Freaky Friday Fest that runs from 6-8 p.m. at the Billy the Kid Youth Center at 126 Alder Road, Naval Station Annapolis. Costumes are encouraged and there will be prizes for costume contests (like Redskin tickets!). There will also be music, games, snacks and special treats. Parents receive FREE admission when accompanied by their children! Children 10 and under must be accompanied by a parent. For details, call 410-293-4997 or 9396.

Youth Soccer Jamboree

For the young soccer athletes, the culmination of a great season of play will be the Soccer Jamboree on Saturday, October 23 at 11 a.m. in the MWR Recreational Services Bldg. #89 theater. All participants will receive an award. There will be a free lunch with hot dogs, chips and beverages for all players and their families. For information on Youth Sports, call Tony Burch at 410-293-4998.

Hot Tickets and Cool Trips

Discount Tickets and Coupon Books

The MWR Annapolis Information, Ticket and Tour Outlet, located in the MWR Recreational Services Bldg. #89, Naval Station Annapolis, carries numerous discount tickets to area attractions, one of which is the Maryland Renaissance Festival. The Festival runs on Saturdays, Sundays to October 24.

Other hot tickets are: Chesapeake Music Hall, which presents "Kiss Me Kate" from September 25 to November 13. This show is a little bit Shakespeare, a little bit Cole Porter and a little bit naughty!

MWR also has the new Baltimore edition of the Entertainment Book. For more information or to charge tickets by phone, call 410-293-9200.

Cool Leisure Activities and Trips

Day Trip to Lancaster, PA

October 19 from 8 a.m. to 6 p.m.

Sign up and pay by October 14. Meals and shopping are your own. Sign up at the MWR Recreational Services Bldg. #89 or charge by phone at 410-293-9200.

Radio City Christmas Spectacular

See the legendary "Rockettes" perform on Saturday, November 13 at New York's Radio City Music Hall; trip departs at 7 a.m. and returns at approximately 11 p.m. Sign up and pay at Bldg. #89 by November 2

Shopping Trip to New York

December (date TBD)

If interested, call 410-293-9200.

"Liberty" Trips

Liberty Zone at MWR Annapolis is hosting the following activities and trips for active duty E1-E6. For details, call 410-293-9214:

- Taste of Fondue on September 27 (5:45-10 p.m. dessert compliments of Liberty Zone)
- Ice Cream Pig Out on September 29 at 5:30 p.m.
- Movie Mondays on October 4 and 18 at 5:30 p.m. (Liberty Zone pays for the ticket)
- Thursday Day Trips on October 7, 14 and 21 at 1 p.m. (return at 6 p.m.) to local restaurants, malls, downtown Annapolis and more (free transportation)
- Trivia Tuesdays with prizes on October 12 and 26 at 11:30 a.m.
- Wild Wednesdays Texas Hold'em Prize Poker on October 6 and 20 at 5:30 p.m.
- 8-Ball Pool and Air Hockey Tournaments with prizes on October 13 and 27 at 5:30 p.m.
- Fab Friday All Nighter in the Liberty Zone on October 22 from 6 p.m. 6 a.m. (food, movies, Flashlight Pumpkin Hunt; Pie Eating Contest, Jello Slurping Contest and more) FREE sign up by October 20.
- **Spooky Spaghetti Trip** to Macaroni Grill on October 28 at 5:30 p.m. for National Pasta Month (Liberty pays for appetizers and beverages; you pay for the main course)

Prizes include movie passes, mall gift certificates and more! For details, call 410-293-9214.

Carr Creek Marina Changes to Winter Hours of Operation

It's time to start thinking about preparing your boat for next year. Boat maintenance, haul-outs, power washing and launches are ongoing through spring, Monday through Friday by reservation. Carr Creek Marina, located on the east end of Naval Station Annapolis, is open to all DOD customers, including retirees, active reservists and family members.

Winter hours go into effect on September 27. The Marina Office will be open Monday through Friday from 8 a.m. - 4:30 p.m. Operational hours for boat maintenance will be 7:30 a.m. - 4 p.m. Moorings are available as well as dry storage facilities for boats, RV's and pop-up campers (no automobiles) – priority is given to those residing in base housing at USNA/NAVSTA. Short distance over-the-road hauling is available for privately owned boats by appointment, Monday through Friday. Carr Creek Marina also rents slips with water and electric hookups on an annual contract basis at Mill Creek Pier off Greenbury Point. Applications are filed on a status group priority basis. For more information, call 410-293-3731/2058 or DSN 281-3731/2058.

SCHOOL-AGE CARE PROGRAM REGISTRATION

Registration for the 2004-05 School-Age Care program is ongoing at the Billy the Kid Youth Center, Naval Station Annapolis. The program operates Monday through Friday from 6:30-9 a.m. and 2:30-5:30 p.m. (excluding federal holidays) and includes supervised activities such as arts and crafts, indoor/outdoor games, homework time and an afternoon snack. Additional care will be provided for early dismissals, parent-teacher conferences, in-service days and snow days. Bus transportation will be provided before and after school to Annapolis Elementary; van transportation will be provided for after school care only for West Annapolis Elementary School. Fees are based on total family income; bring LES or pay stub. The program is open to family members of all active-duty, active reservists and DoD civilian employees. For details, call 410-293-9396.

MASSAGE THERAPY – GIVE A GIFT CERTIFICATE

Massage therapy is available by appointment Monday through Friday from 10 a.m. - 2 p.m. and Saturdays by prior arrangement. Massage therapy is located in Room 211 of Metzger Hall at Naval Station Annapolis. Deep tissue or Swedish massage. Gift certificates are available at MWR Recreational Services Bldg. #89, Naval Station Annapolis. For an appointment, call 410-293-9200.

DAHLGREN

HUBCAPS CONCERT EVENT AND CLASSIC CAR SHOW RESCHEDULED FOR OCTOBER 1

Concert will begin at 6 p.m. on the Dahlgren Parade Field. Classic Car Show will start at 5 p.m. This event is FREE and open to the public. Join MWR as we celebrate the ribbon cutting of our new Parade Field Pavilion with our old friends THE FABULOUS HUBCAPS! For more information, please call 540-653-8785.







CB's GREAT PUMPKIN PATCH!

October 21

Come out to the Great Pumpkin patch on Thursday, October 21 from 5-6 p.m. at the Dahlgren Parade Field Pavilion. Children 12 and under may pick out their favorite pumpkin (limit one pumpkin per child, while supplies last!). Halloween crafts will be provided along with spooky brew and snacks. Mark your calendar now for a fun family event. For more information, call Alice at 540-653-5136.

COMICS ON DUTY HALLOWEEN PARTY

They're baaa-aack! Rich Davis and his team of professional comedians will be visiting the DC metro area again this fall with a stop off at Rumors Recreation Center in Dahlgren on Friday, October 29 from (time). One great show--4 outstanding comics! Tickets go on sale at the Dahlgren ITT office October 1. The first 25 single sailors to come and get these tickets from ITT will have FREE admission for the show. If any seats remain after the advance sale, they will go at the door. For more information, please call 540-653-8785. Plus, be sure to stick around after the comedy for MWR's Annual Halloween party. Come dressed in costume and you may win a prize! Prizes will be awarded for the scariest, funniest and most original costumes of the evening!

HALLOWEEN PARTY RENTALS!

Begins September 27 at MWR Dahlgren's Recreation Equipment Rentals. We have a variety of Halloween costumes, Halloween paraphernalia, props, wigs, creatures and more available for rent at reasonable prices. Please call or stop in. Hours of operation at the Recreation Equipment Rentals office are Monday 7 a.m.-3 p.m., Tuesday thru Thursday, 8 a.m.-3:30 p.m. and Friday 7 a.m.-3 p.m. For more details, please call 540-653-4588.

INDIAN HEAD

Radio City Music Hall Christmas Spectacular

Begin your holiday season with a trip to the Big Apple with MWR! November 12, 2004

Cost includes transportation and ticket to the show.

Deposit is due by November 1.

Halloween Party at the Mix House!

Live Music by Eric & Friends, Costume Contest; drink specials, food and lots of fun! October 29 from 6-12 a.m.

Golf Specials and Tournaments

(301) 744-4662

Glow Ball Season Finale

Friday, October 8

This will be the last Glow Ball Tournament of the season. Tee off at dark, 4-man best ball, includes all fees. Call 301-744-4662 to register.

2004 Fall Classic

Saturday and Sunday, October 23 & 24, Tee off at 8 a.m. Individual score, two-day tournament.

Bowling Center

Saturdays 6-9 p.m.

Private Party Rentals

Open for Military and DoD Departmental Team Building Functions and Private Party Rentals for birthdays, graduation, or any reason you decide to have a party! Full range of equipment is available, bring your own music and check out the Kosmic bowling options. Two weeks notice is required for party reservations. Contact the ITR Office at 301-744-4850 for scheduling options.

Youth Bowling League forming soon!

Organize your friends, church group, or any other group into a bowling league! Call and leave a message at the Bowling Center at 301-744-4761 or contact Steve at 301-744-6588.

NRC SOLOMONS

NRC Solomons 5K Run/Walk Series

#3 October 31 – Ghoulish Gallop #4 November 20 – Turkey Trot #5 December 18 – Jingle Bell Run Call 410 326-7165 for more details or click

http://www.ndw.navy.mil/MWR/NRCSolomons/2004Guide/Recreation/5KRuns.pdf for a registration form.

NRC Solomons SPOOKtacular

Saturday, October 30 from 1-3 p.m.

http://www.ndw.navy.mil/MWR/NRCSolomons/2004Guide/Recreation/Calendar/Spooktacular_04.pdf

PATUXENT RIVER

Pumpkin Carnival at Mattapany Day Camp

Enjoy an old-fashioned fall carnival on October 23 11 a.m.-3 p.m. Each child will receive a pumpkin to paint and enjoy carnival games, holiday temporary tattoos and a costume parade. There will be a haunted house for the strong of heart. Snacks will be for sale. Mattapany Day Camp is located at the intersection of Buse and Keane Rd. Parking is available at the Energy Zone or Pax Landing Restaurant/Barracks parking lot. This carnival is operated by the staff of MWR's Rassieur Youth Center for the enjoyment of children of all station members. Volunteers are needed to set up, host, and clean up the area. Please call 301-342-1694 for more information.

Halloween Party at the Flight Deck Lounge

Come shake the spirits in and out and celebrate the reopening of the station's own Officers' Club Annex, the Flight Deck Lounge, located in the Combined Bachelor Quarter. The first of the seasonal parties will be October 29. DJ music begins at 5 p.m. then a live band will play to ghosts and goblins in the costume contest. Please call 301-342-3656 for more information.

Comics on Duty

Tickets for the Pax River show of Comics on Duty World Tour go on sale October 1. Ticket sales are at the Recreation Office, Lil Eva's and Officer's Club. There will be two shows Flight Deck Lounge at 6 p.m. and Lil Eva's at 9:30 p.m. on October 21. Please call 301-342-3656 for more information.

10K Fall Classic

Runners are invited to compete in the 13th annual Pax River 10K Fall Classic on October 16. The event is free to active-duty service members who do not wish to receive an official 10K T-shirt. Registration on the day of the race is from 7:30-8:30 a.m. at the Drill Hall. The race is open to active-duty, reserve, and retired military service members, DoD employees, their family members and accompanied guests. Awards for top male and female overall finishers, as well as first, second and third place overall for male and female in six age groups: 19 and under, 20-29, 30-39, 40-49, 50 and over. For more information contact Hal Willard at 301-757-1194 or visit the Recreation Office inside the Drill Hall to register.

Scuba Classes

Try a free session of Discovery Scuba on Sunday, October 3 from 3-5 p.m., or sign up for Open Water Scuba October 2-3 from 8 a.m.-4 p.m. or Advanced Open Water Scuba October 6 from 6-8 p.m. For more information stop by the Drill Hall or call Jason Fean, Aquatics Director, at 301-757-1293.

Ticket Sales

The Recreation Office inside the Drill Hall has special tickets to area events and attractions in addition to TicketMaster. Please remember that due to consignment agreements with our vendors, we cannot give refunds on any ticket purchases. Please check your tickets and dates carefully before you leave the Recreation Office. Many tickets require a two-week advance purchase and are subject to early sell out. Please call 301-342-3648 for more information.

Hippodrome Theatre

www.france-merrickpac.com Grease October 23 2 p.m.

Ford's Theatre

<u>Giselle</u>

October 23 2:30 p.m

Gala for Children

February 26 2:30 p.m.

Romeo and Juliet

April 16 2:30 p.m. at the Warner Theatre www.warnertheatre.com

The Nutcracker

December 18 7 p.m. December 24 1 p.m. Disney on Ice: Finding Nemo
October 22 7:30 p.m.
October 23 11:30 a.m., 3:30 p.m., 7:30 p.m.
October 24 1:30 p.m., 5:30 p.m.

1st Mariner Arena/Baltimore Freestyle Motorcross December 3 TBA January 15 TBA

National Theatre/Washington, D.C.

www.nationaltheatre.org.

Moving Out December 11. 2 p.m.

Warner Theatre

www.warnertheatre.com

Miss Saigon Contact

November 13 2 p.m. February 12 2 p.m.

November 20 2 p.m. Grease

TBA October 23 2 p.m.

Flying Club

Stop dreaming and start flying with the Patuxent River Navy Flying Club (PRNFC) located in Bldg. 336 on Leader Rd. The club offers aircraft rentals, ground school and flight instruction for private pilot, commercial, instrument and flight instructor ratings. The club operates C-177K, T-41C and C-152s. To find out when the next class starts log on to www.nawcad.navy.mil/flyingclub/inst.htm. Please call 301-862-1100 for more information.

Find out more

Visit your local MWR on Naval District Washington's website: http://www.ndw.navy.mil/MWR/Military/MWR.html or on station at https://icbm.navair.navy.mil/mwr.

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WASHINGTON NAVY YARD & NDW ANACOSTIA ANNEX

Navy Birthday Golf Tournament at Swan Point

Tuesday, October 5

Swan Point Yacht & Country Club started as a quaint, nine-hole golf course along the banks of the Potomac River in Southern Maryland. Then, in the late 80's Bob Cupp, world-renowned golf course designer and consultant to the Augusta National Golf was hired by U. S. Steel to expand and redesign Swan Point. The result is one of a very special and unique golfing challenge. As Washington Golf Monthly keeps saying, his design here remains one of the great publics of the Middle Atlantic. For golfers who know the Atlantic coast well, one image keeps coming to mind when they play here. They could swear they are in the Carolinas or on Hilton Head when they are on our course. Possibly it's because on 12 holes, either water or marsh can come into play. Perhaps it's because players share the fairways with deer, herons, osprey, and bald eagles.

What people always say about Swan Point is that if you blindfolded someone and drove around for a few hours, then took them out on the course and removed the blindfold, they'd think they were in North or South Carolina. Besides the getaway feeling on our fairways, you're going to be amazed at the variety of the scenery and the challenges.

Why not sign up right now for the NDW Navy Birthday Celebration Golf Tournament and experience first hand what

http://www.baltimorearena.com/
Disney on Ice: Finding Nemo
October 29 7:30 p.m.

October 30 11:30 a.m., 3:30 p.m., 7:30 p.m.

October 31 12:30 p.m., 4:30 p.m.

their semi-private course has to offer. Once you have tried their course, they guarantee that you're going to promise yourself that you must come back again.

The Navy Birthday Celebration Tournament will be held on Tuesday, October 5 with a shotgun start at 9 a.m. The tournament is open to all eligible personnel assigned to Naval District Washington. The tournament format will be Captain's Choice, 4-person teams. Cost includes green fee, golf cart rental, and lunch. Prizes will be awarded to the top five placing teams, with the last place team receiving a special award. Geico is sponsoring the Closest to the Pin Contest – winners will receive a gift certificate to the Swan Point Pro Shop. There will also be a Putting Contest, Longest Drive Contest, and four giveaways for a day of golf at Swan Point.

Register your team by September 17 and join MWR Sports for a great day of golf. For more information, contact the MWR Sports Office at 202-433-2269.

Navy's new "5-Miler" road race establishes tradition, identity

Naval District Washington's (NDW) Morale, Welfare and Recreation (MWR) program will establish a new Navy athletic tradition when it runs its first "Navy 5-Miler" October 6 at Anacostia Park in southeast D.C.

For many years the Army and Marine Corps, with the Army 10-Miler and the Marine Corps Marathon, were the only military branches to offer a race in the National Capital Region (NCR). These races provide representation and pride to their respective services and are what inspired the establishment of a Navy race in the NCR.

The race will be held each year prior to the Army 10-Miler and Marine Corps Marathon serving as a means of training people who will go on to the bigger races. This year, the Army 10-Miler will be held October 24 and the Marine Corps Marathon will be held October 31.

Now, in its beginning stages, the race will be a five-mile competition. Future plans for the race include moving it to the National Mall area and to increase the length of the run to at least 10 miles. For now, the team competitions will be for Navy only, and team categories will be made up of enlisted, chief petty officer and Navy officer teams. There will also be different age brackets to compete in. The age divisions are as follows: 19 and under; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49 and 50 and over.

Awards will be given to the top three males and females in each division.

The Navy 5-Miler is open to all Navy and Department of Defense civilian employees. The fee includes a race number and a long-sleeve t-shirt. Contact the MWR coordinator at 202-433-2422 for registration details.

(The above are exerts from an article by JO3 Stephen Murphy that appeared in The Waterline on Friday, August 20, 2004).

Navy 5-Miler flyer: http://www.ndw.navy.mil/MWR/Military/Events/WNYNavy%205%20MilerWeb.pdf

Navy 5-Miler entry form:

http://www.ndw.navy.mil/MWR/Military/Events/WNYNavy%205%20Miler%20Web%20Form.pdf

Colonial Williamsburg Special

Anacostia Annex, Bldg 171, 202-433-2068, Monday-Friday 8:30 a.m. to 5 p.m. & WNY, Bldg 22, 202-433-6666, Monday-Friday, 9 a.m. – 1 p.m. and 2 – 5 p.m.

Immerse yourself in 18th-century life and America's opening chapter. **Special! For a limited time** purchasers of the 2-Day Governor's Key-To-The-City Pass will receive a voucher for a third consecutive day's admission at no additional charge.

2-Day pass INCLUDES:

All privileges of the Colonial Sampler Ticket and adds:

A consecutive second full day's admission

Admission to the Capitol

Admission to the Governor's Palace

Admission to the Dewitt Wallace Decorative Arts Museum

Admission to the Abby Aldrich Rockefeller Folk Art Museum

Admission to Bassett Hall

Orientation Walk

Complimentary Historic Area shuttle bus service

Viewing of the movie short *Williamsburg: The Story of a Patriot* Free Parking at the Visitor Center

At Williamsburg you're able to view the beauty and wonders of Americans past. Colonial Williamsburg features original buildings with unique artifacts still displayed. The entire town is a living museum complete with educational tours, historical reenactments and demonstrations. Colonial area offers over 90 acres of gardens, 88 original structures, 40 exhibit buildings and many quaint inns and taverns, inviting the visitor to experience life much as it was 300 years ago.

Fall brings its own rewards, as Williamsburg's spectacular trees flaunt their blazing colors. Winter is not without an occasional dusting of snow, but with a brilliant clear blue sky, the colonial architecture is brought to life. Bring your camera to the birthplace of our nation, Williamsburg, Virginia.

Just In! Northern Virginia/DC & the Maryland/DC 2005 Entertainment Books

Anacostia Annex, Bldg 171, 202-433-2068, Monday-Friday 8:30 a.m. - 5 p.m. & WNY, Bldg 22, 202-433-6666, Monday-Friday, 9 a.m. - 1 p.m. and 2 - 5 p.m.

The Entertainment® book contains thousands of dollars worth of "2-for-1" and 50% off discounts from local and national restaurants, hotels and other merchants specializing in leisure activities. The MWR ITT offices will be carrying both the Northern VA/DC and the Maryland/DC 2005 Entertainment books Get hundreds of 50% discounts:

Restaurants Grocery Stores
Travel Movie Tickets
Sporting Events Attractions

Your FREE Entertainment Card gets you unlimited 20% savings on select:

Restaurants Hotels

Car rentals Unlimited -- use the card as often as you like!

Register for FREE on Entertainment.com and get:
New 50% off printable coupons not found in the book
Discounted movie tickets you can order online
50%-off savings at 5,000 hotels worldwide
Special savings from sites like FTD.com and The Sharper Image